



Our Lady of Lourdes and Saint Michael, Uxbridge

2nd Sunday of Lent (B), 28th February 2021

Osborn Road, Uxbridge, Middlesex UB8 1UE | Telephone: 01895 233193 | www.catholicchurchuxbridge.org.uk

Parish Diary

Saturday 27th February Lent Feria

10am Maxine McCarey (int)

11am Stations of the Cross

4pm-4.30pm Confessions

5pm Geraldo Daomiles (Ann)

Sunday 28th February

2nd Sunday of Lent

8am Stanislaw & Wieslawa Sala (int)

9.30am Maureen O'Mahoney (RIP)

11am Domingo Pauig Snr (17th Ann)

Monday 1st March

St David, Patron of Wales

10am Funeral (John Francis Dwyer)

5pm Josie Keogh (5th Ann)

Tuesday 2nd March

Lent Feria

9.30am Kate Peoples (2nd Ann)

6pm Ignatian Prayer (Zoom)

Wednesday 3rd March

Lent Feria

9.30am Tim Murphy (1st Ann)

Thursday 4th March Lent Feria

NO MASS

Friday 5th March Lent Feria

6pm Gert Bujaj (int) & Fred Nicolle

Lumaj (RIP)

7pm Parish Evening Rosary

Saturday 6th March Lent Feria

10am Caroline Myles (int)

11am Stations of the Cross

4pm-4.30pm Confessions

5pm Bernie Harvey (int)

Sunday 7th March

3rd Sunday of Lent

8am Rita Mulrooney (RIP)

9.30am Pat Stanley (RIP)

11am Pro Populo

To access our livestreamed Masses please visit our website or go to YouTube and type in 'Uxbridge Parish'

Sanctuary Lamps burn this week for Con O'Brien, 94th b'day int (Blessed Sacrament); Debbie Lowes, int (Lady Altar)

Mass on Monday is at 5pm, since that morning Fr Nicholas is celebrating the funeral of John Francis Dwyer, RIP (a homeless man who lived under the A4 Chiswick Flyover for 36 years and was well-known to drivers and locals).

The church is now open for communal worship. Masses will continue to be available online in the usual way. **Seats need to be booked, as before, either in person or through Eventbrite.** Please check the schedule on this newsletter. Please remember that we still have to wear masks, observe social distancing and avoid mingling with each other inside and outside the church. This applies to you even if you have received the vaccine!

Lent 2021 There are lots of things we can do in Lent—giving things up and taking extra things on, so that our spiritual muscles are strengthened, our lives become more ordered and focussed on God and each other. Here are some ideas:

- Commit yourself to a regular pattern of prayer for Lent—e.g. daily rosary, reading of the Bible, Stations of the Cross
- Learn a new prayer or build a home altar
- Write up a Litany with your family's favourite saints
- Choose some good spiritual reading (e.g. lives of the saints)
- Give up a favourite food or abstain from eating between meals
- Fast on Wednesdays and Fridays
- Vow not to have any wasted food in your house
- Delete a favourite app for the duration of Lent
- Limit your screen time each day
- Abstain from non-essential purchases
- Only listen to music that uplifts the soul
- Phone a friend or neighbour who lives alone
- Avoid complaining, gossiping or bearing grudges
- Become a better listener
- 40 days 40 items...choose a different item each day, put them aside and at the end of Lent give them to a charity shop
- Go for a daily walk or some other exercise
- Finish a half-finished project

Stations of the Cross We will have Stations of the Cross on Zoom each Saturday in Lent at **11am**. Simply type in the link and join in (this is then transferred to our YouTube channel): [https://us02web.zoom.us/j/85939639276?](https://us02web.zoom.us/j/85939639276?pwd=S2U1ejdsTlIwVWRpS0ZPRForbzM2UT09)

[pwd=S2U1ejdsTlIwVWRpS0ZPRForbzM2UT09](https://us02web.zoom.us/j/85939639276?pwd=S2U1ejdsTlIwVWRpS0ZPRForbzM2UT09)

Meeting ID: 859 3963 9276 Passcode: 454493

Confessions will be heard in the church on Saturdays in Lent between 4pm and 4.30pm. Alternatively, an appointment can be made, in which case confession is heard outside the church or presbytery (due to cleaning requirements). Please do not ask for confession immediately before or after Mass, since Fr Nicholas needs to attend to other matters at these times. Thank you.

World Day of Prayer Led By Women takes place on Friday (5th March 2021), with a special focus on the Pacific islands of Vanuatu. Booklets are available from the presbytery porch or please visit www.wwdp.org.uk for more details.

Ignatian Prayer Group on Zoom meets on Tuesdays at 6pm and lasts for about 45 minutes. If you are not already on the list and would like to join, please let us know!

Friday Evening Rosary Why not tune in on Friday evenings at 7pm on YouTube for 20 minutes, so that we can pray the Rosary together? You can send us intentions for prayer via the comments function on YouTube once we are live.

First Communion Class The next class for children on Zoom takes place on Monday 8th March at 6pm. A link will be sent to all those in the programme earlier that day.

Children's Liturgy led by Mark and Sylvia. This popular group for 3-7 year olds meets each Sunday during termtime at 10am on Webex. The link is sent out weekly. Please let us know if you would like to join in with your child.

Mass Attendance Card If your child will be needing a priest's reference (CCP) for a school later this year, please make sure you are engaging regularly in the life of the parish (either by coming to Mass in person or watching online and leaving a comment). Your week-by-week practice can be written on a Church Attendance Card—please come and collect a new copy if you need one.

A Prayer for Lent

Lord God, with all our hearts we beseech you: have mercy on your people; spare your people; strengthen all people in this struggle against the havoc of this pandemic. Lord our God, without you we are so weak and our courage so limited. Give us your strength; give us your love; give us wis-

Cancelled Holy Land Pilgrimage St Peter's Pilgrimages is currently contacting pilgrims to update them regarding the refund of any monies/deposits paid. Please let us know if you have not heard from the company recently.

Fairtrade Fortnight (22nd February to 7th March) For two weeks each year, thousands of individuals, companies and groups across the UK come together to share the stories of the people who grow our food and drinks. mine our gold and grow the cotton in our clothes, people who are often exploited and underpaid. The pandemic has shown us more than ever how interconnected we are globally. This interconnection is at the very heart of the Fairtrade message. The climate crisis is an immediate and ever-increasing threat and many are already seeing its impacts from droughts and crop disease to floods, heat-waves and shrinking harvests. With the emergence of the global pandemic, the challenges that farmers face now are bigger than ever before with falling commodity prices and widespread shocks reverberating along our global supply chains. Ongoing poverty in farming communities makes it increasingly hard to cope with the effects of climate change. Join our free virtual festival to hear why winning a fairer deal for farmers and workers is critical in tackling the climate crisis, with music, discussions and workshops. www.fairtrade.co.uk

dom and skill to continue this fight. Spare your people, O Lord we pray. Comfort those who mourn and gather into your kingdom all who have died. Through Christ our Lord. Amen.

COVID Tests Hillingdon residents without symptoms can now get a free test at the Civic Centre (or The Beck Theatre, Hayes). These must be pre-booked: please visit <https://www.hillingdon.gov.uk/community-testing>

COVID Vaccine Both Pope Francis and Pope Emeritus Benedict received their COVID vaccine recently and we are encouraged to do so too for the good of our health and that of others. Fr Nicholas and Angela will be receiving their first dose this weekend. Pope Francis has spoken of the vaccine as an 'ethical action' and the Vatican has reminded us that Catholics can receive all types of vaccine in good conscience. For more info, see the Coronavirus section on www.cbcew.org.uk (Catholic Bishops' Conference of England and Wales)

In case you are admitted to hospital please indicate on entering hospital that your details are to be passed to the RC Chaplain. Alternatively contact Fr Nicholas.

Parish Priest

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